

Weekly Guys' Lunch

What do we do for our girls?

- 1) Honor them as weaker vessel
 - a. Be understanding/patient with them/be sensitive to their feelings
 - b. Be chivalrous:
 - i. Ladies first
 - ii. Open doors
 - iii. Give them our coat when cold
 - iv. Give seats
 - v. Be polite
 - c. Be Gentle
 - d. Say nice things to them
 - e. Do/give Nice things to them
 - f. Be affectionate: Hugs kisses hold hands
 - g. Use muscles/strength to help (Carry heavy things)
- 2) Provide for
 - a. Education so we can provide for them
- 3) Protect/keep safe
- 4) Be the spiritual leader of the relationship and family (don't make her do it)
 - a. Prepare for leadership
 - b. Be virtuous: self-controlled, pure, and humble
 - c. Learn about god/bible study
 - d. Teach the family about God/take to church
 - e. Pray for family
 - f. Make sure family is Christian
 - g. Make sure they're modest
 - h. Teach/Train/correcting kids
- 5) Listen to them/get their counsel
- 6) Sacrifice self to help/serve/selfless (even with unpleasant things)
 - a. Make unpopular decisions when necessary for good of family
 - b. Try to make them happy
 - i. Groom yourself well/be clean/smell good
 - ii. Lift the toilet lid, etc.
 - iii. Do what they want to do—OFTEN
 - c. Be brave/courageous for them even when afraid
 - d. Keep a regular date nights/regularly spend time with wife
 - e. Give wife "Mommy time" each week
 - f. Be a peacekeeper
- 7) Meet their 5 biggest needs:
 - a. Affection
 - b. Conversation
 - c. Honesty and Openness
 - d. Financial Commitment
 - e. Family Commitment